

**The Career Doctors**  
**Doctors Orders**  
**“10 Signs You Might Not Be Adequately Engaged in Your Job”**

1. **You have a hard time getting focused on what has to be done**
  - Easily distracted
  - Trouble getting started on recurring projects/duties
2. **You are simply unaware of important developments within your own firm**
  - You hear about announcements about your company in the press
  - By the time you learn about a key development – everyone else already knows about it and has taken action to protect themselves from fallout
3. **You avoid interaction with colleagues on key issues – go into isolation**
  - You choose flight over fight on normal issues you formerly debated with colleagues or subordinates
4. **You come in late, leave work early and take long/extended lunches**
  - You long for time away from work and the office
  - You lack motivation to make things happen – let others toil at this ambition
5. **You find yourself on the *internet* more than your company's *intranet***
  - You are thinking about or actually researching your next job\
  - You speak with outside friends/colleagues more than internal associates
  - You don't even care that the company may be monitoring your web activity
6. **You find yourself daydreaming of weekends and vacations**
  - You job downright bores you – you long to be away from the office
  - Work takes a very low priority in your life
  - Outside activities dominate your workday and after-work thoughts
7. **You neglect normal housekeeping duties at work**
  - Don't care if you don't have latest software on your PC
  - Miss deadlines to change or review your annual benefits (disinterested)
  - Are careless scheduling reviews for your staff
8. **You blow off participation in company sponsored events**
  - You “pass” on corporate functions
  - Find ways out of departmental retreats
  - Neglect to schedule CPE or other employee training programs offered FREE
9. **You get lost driving to work – despite the fact you drive the same route daily**
  - You find it hard to imagine another day at the same old job
10. **You simply stop CARING about work or work related issues**
  - You can't fathom another day on the job with the same company
  - Starting new virtually anywhere else is all you can think about

